

## STRIKE: KNOW BEFORE YOU GO

After months of bargaining, we are fighting for the future of our professions. We demand a stronger voice for our patients, fair market wages, ESI to protect our health, and access to retiree benefits. This is about dignity and respect. **We reached a point where Sharp has left us no choice but to STRIKE.**

Let's show our dedication by being well-prepared for the strike and picket lines. ***Please see details below.***

### THE BASICS

**WHO:** All SPNN, UNAC/UHCP members including all new hires, or on probation, or employed under a work visa—are protected under federal law when participating in a strike.

**WHAT:** Three-day strike with picket lines at Sharp Grossmont advocating for safe staffing & quality care.  
*FAMILY-FRIENDLY EVENT*

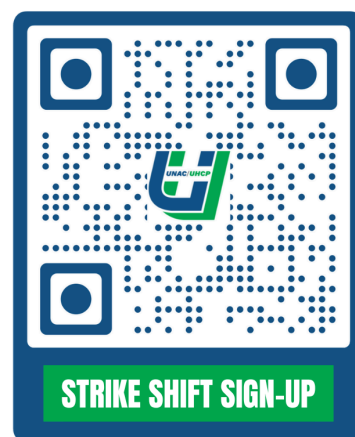
**WHEN:** Strike Picket Line Schedule: Wednesday 11/26 7AM-7PM, Thursday 11/27 9:30AM-11:30AM, Friday 11/28 9:30AM-1:00PM

**WHERE:** Sharp Grossmont Hospital  
5555 Grossmont Center Dr.  
La Mesa 91942



### SIGN UP FOR A PICKET SHIFT

Invite your family and friends! Let us know when you'll be on the picket line: scan the QR code to sign up for your shift.



### SOCIAL MEDIA

Show our power! Post your strike ready and picket line photos and videos on your social media accounts. Tag @unacuhcp and @spnnrns in your posts. Our hashtags are **#UNACUHCP** and **#TogetherWeRise**.

# STRIKE: KNOW BEFORE YOU GO, Continued

## Grossmont Parking

- Grossmont College  
8800 Grossmont College Dr. 92020
  - **Lot 7 will have continuous shuttle service to and from the picket line**
  - Scan the qr code on parking columns and pay \$2.50/day for parking
- Park n Ride 6385 Murray Dr. La Mesa 91942 (walking distance)
- Grossmont Mall (**at your own risk**)
  - **Management would not grant us permission to park in the mall**



## RESTROOMS

*Please use neighboring businesses. BJ's Restaurant and Casa De Pico have given us permission to use their restrooms. Please be mindful of their customers and don't go in large groups. Walmart is open earliest.*

## WHAT TO WEAR

Wear your UNAC/UHCP or SPNN apparel, but don't forget to include comfortable clothing and shoes. Bring a hat, sunscreen, umbrella, a bottle of water, and anything else you might need to stay comfortable. Bring a folding chair if needed.

Weather conditions are partly cloudy in the 70s.

## FOOD AND BEVERAGES

Water will be available at the strike line. Food distribution will be on a first-come, first-served basis, so please plan your meals accordingly.

- Wed 11/26: light breakfast, lunch, and dinner provided.
- Thurs 11/27: light breakfast, and coffee
- Friday 11/28: light breakfast, and coffee

*See you on the picket lines!*

