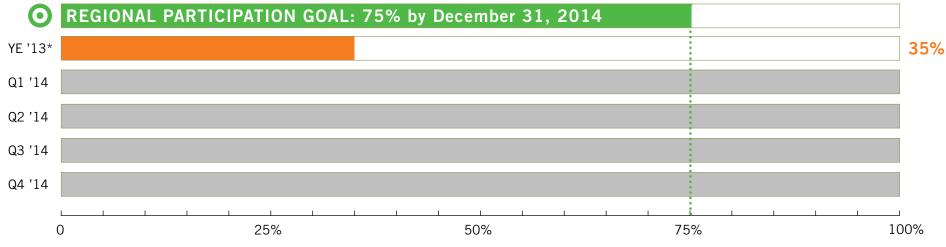
# TOTAL HEALTH INCENTIVE PLAN



#### SOUTHERN CALIFORNIA REGION DASHBOARD

#### GATE #1

### Total Health Assessment (THA) Rate \*(AS OF YEAR END 2013)



PERCENT OF ELIGIBLE EMPLOYEES PARTICIPATING

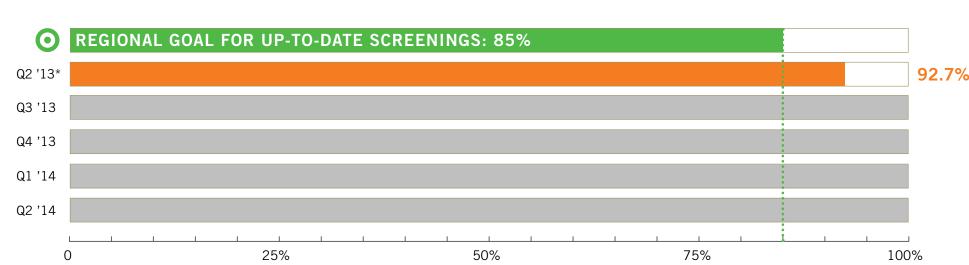
The first thing everyone can do to help qualify all eligible participants for a bonus is to take the confidential online Total Health Assessment (THA). If 75 percent of eligible employees in the region take the THA by year-end 2014, all eligible employees in the region get a \$150 bonus.

If you haven't taken the THA, go to kp.org/hwf and complete your assessment now.

\*YE 2013 data represents January 1, 2012 – December 31, 2013

#### GATE #2

## Biometric Risks Screening Rate \*(AS OF JUNE 30, 2013)



PERCENT OF ELIGIBLE EMPLOYEES PARTICIPATING

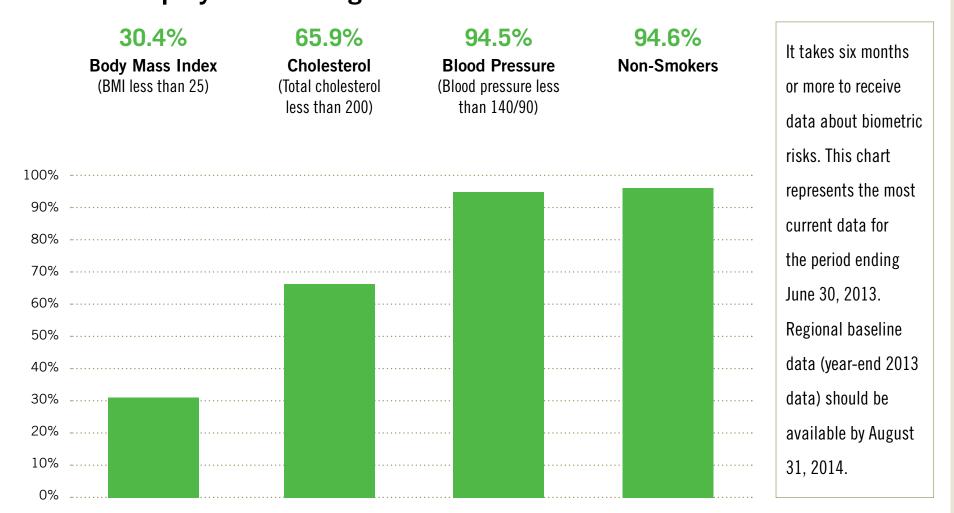
The plan also calls for people to maintain up-to-date health screenings: smoking, total cholesterol, body mass index (BMI) and blood pressure. If 85 percent of eligible employees in the region are **up to date on screenings between January 1, 2013 and December 31, 2014** (a two-year timeframe), all eligible employees in the region get a \$150 bonus.

If you are a KP member, check kp.org/myhealthmanager to see information from your most recent doctor's visit and lab test results.

\*It takes six months or more to receive data about biometric screening rates. This chart represents data for June 30, 2011 - June 30, 2013. As more current data become available, results may be affected positively or negatively, depending upon the actions of eligible employees in support of this gate.

## **CURRENT HEALTH STATUS**

# Percent of Employees Meeting Biometric Risk Goals



Note: Employees' collective improvement on key risk factors will be the basis for a third potential payout. If the region meets gates 1 and 2, eligible employees can earn an additional \$200 bonus. This \$200 bonus is based on the region achieving average improvement in the biometric risk goals of at least 1.7 percent across the four biometric factors: BMI, cholesterol, blood pressure, and smoking, with no decline in any of the individual risk factors.

# TAKE THE FIRST STEP TOWARD TOTAL HEALTH TODAY!

Learn more and take the Total Health Assessment at kp.org/HWF.

