



Greetings fellow union members! My name is Valerie Pham and I am a registered nurse at Kaiser South Bay in the mother/baby unit. I have been bleeding UNAC/UHCP blue ever since I started my professional career.

Academically, I obtained both my BSN and MSN from CSU Fullerton. Education is extremely important to me; thus, my ultimate academic goal is to attain a PhD in Nursing Science because I strongly believe that our healthcare profession is only as strong as the individuals who make it. Professionally, I am my unit's labor co-lead and the 2016 Regional RN Research Resident for Kaiser Southern California Nursing Research.

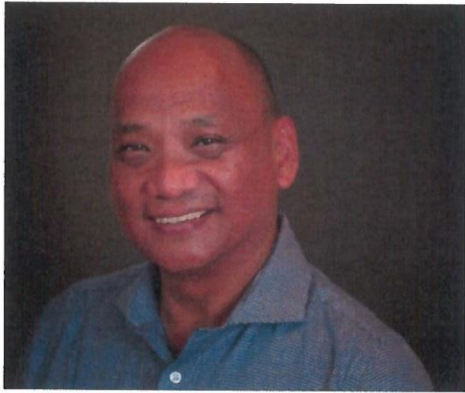
I am extremely passionate about improving the image of nursing; it is my personal lifelong goal to help change the way nurses and healthcare professionals are depicted by pop culture. There is a huge discrepancy between the reality of nursing, as the nation's most trusted profession, and the media's negative depiction of nursing. Let's work together to change these negative stereotypes and inaccuracies for all healthcare professions. Collectively, we can create a positive message that drives positive transformations and elevates our profession.

I am forward-thinking, ambitious, and driven! I am energized and dedicated to continue all the amazing work our union has done for us and our community. It would be my honor and privilege to continue our union's legacy. My vision is to ensure that UNAC/UHCP is the best healthcare union in the nation. My mission is to make sure our union members are equipped with the best resources and be protected with the best benefits in order to be the best healthcare professionals to our patients. Dr. Chester Karrass once said, "You don't get what you deserve, you get what you negotiate."

Please vote Valerie Pham as your State Secretary this Holiday Season!

This is the biography of Lisa Haughey- Mom, Daughter, Sister, Nurse and Patient Advocate. Lisa has been an R.N. for 16 years and at Kaiser for 8. She has been involved with the Union since 2013 when she transferred to KP Oncall. She started as a Contract Specialist and has been Hospital President in San Diego for the last 2 years. Her educational background includes a BSN from Arizona State University and a Masters in Nursing Leadership from Regis University. This doesn't give you much details about her- so read more from her here:

When nurses experience on the job trauma or severe stress- they come to me. My great passion is in improving the working conditions and advocating for Nurses and Healthcare Providers. I work tirelessly to promote your ability to provide quality patient care. I advocate for you to get you the resources and support you need to provide the quality care patients deserve. I know that relationships are the foundation of influence. I will listen to you and make certain that my door is always open to hear about the things that matter to you. I will fight for you to ensure that management enforces our contracts and see to it that you have the resources and support necessary to do your job. I am a skilled communicator and negotiator and will bring these skills to ensure that you have the best working conditions, pay and benefits in the industry. I am accountable and reliable and am a leader you can trust. I work for YOU!



**Vote Joel Emerson, RN  
For UNAC-UHCP SECRETARY**

If elected, I pledge to represent UNAC/UHCP with pride, transparency and commitment to putting the interest of our membership the top priority.

**\*\*Affiliate Officer Lakewood Regional Medical Center:**

Vice President 2003-2004

President 2004-2014

**\*\*UNAC Staff Representative:**

Sharp Professional Nurses Network (SPNN)

Sharp Chula Vista Medical Center 2014- present

**\*\*Collective Bargaining negotiation:**

Affiliate level over 10 years

**\*\*Known history of integrity and professionalism**

**\*\*Known listener and follower of best practice process**

I am asking for your vote so I can continue to help build the future our union.

I believe in building lifetime relationship thru mutual respect.

I believe that decision with better outcomes comes from listening and understanding.

**Vote Joel Emerson, RN for UNAC/UHCP STATE SECRETARY**

Thank you for your time.



Liz Hawkins, RN

I have been a Registered Nurse for 32 years. My first 5 years were at a non-union hospital where I experienced first-hand all the problems that go with having no contract, no voice, and no rights. Despite all the problems, the nurses would not organize. After years of discontent with staffing and patient safety issues, I left and became a UNAC/UHCP member.

I am a proud member of UNAC/UHCP for 27 years now, working in the Emergency Dept. I have a long history of Nursing/Union leadership and activism: Charge RN, Critical Care Nurse, House Supervisor, Rapid Response Nurse (developing the program at inception before it was called RRT), Delegate (AFSCME, NUHHCE, and UNAC/UHCP Conventions), UBT Co-Lead & Sponsor, Contract Specialist, KRHCPA Officer, and currently Staff Rep at Baldwin Park.

I know UNAC/UHCP, Kaiser, and Nursing history; and have been part of the change, innovation, and planning for the future. As a member, I was instrumental in developing the Regional & local ED Ratios, followed later by a Letter of Understanding that incorporated these ratios into our contract. As an officer, I was part of the Regional Grievance/Issue Resolution process that addressed workload issues for Kaiser Home Care RN's. As a staff Rep, I was a member of the team that bargained the 2016 ED Training Program. I am a UNAC/UHCP advocate, fighting against workplace violence. I testified at multiple Cal-OSHA hearings and addressed Politician's in Sacramento, telling my story to keep all health care professionals safe. Thanks to strong unified member action, the new Cal-OSHA regulations have now been adopted.

I am a planner. I put my plans into action. I get things done. It would be an honor to be elected your next UNAC/UHCP State Secretary.

For more information:

[www.LizHawkins.net](http://www.LizHawkins.net)

[www.Facebook.com/lizforstatesecretary](https://www.Facebook.com/lizforstatesecretary)



### Biography Teresa Mulroy

My name is Teresa Mulroy. I have been an RN for 39 years. I graduated as a state registered nurse from a London nursing school, and as a registered mental nurse from an Oxford school. I grew up in a union family in London. In the U.S. I gained my BSN and MSN at CSUDH, where I taught nursing students mental health clinical skills. I have been a UNAC delegate, contract specialist, and officer.

Throughout my 32 years with Kaiser, I have enjoyed job security, fair pay with annual increases, healthcare, and other benefits. I thank UNAC for negotiating one good contract after another. I am proud of our growth from a small nurses union, to a large all encompassing health care workers union. Gone are the old fractious days of provocative trade unions. We are educated professionals who work in partnership, and fight a hard bargain for a fair contract.

If I get sick I want decent people like you to take care of me. I understand the sensibilities of our members, the level of education you have, your sincere desire to help others, and obtain the best outcomes for our patients. I understand you! That is why I believe, I can represent and serve you well. I have lived and breathed this life for 39 years!

I believe in the mission of UNAC, and I believe in working to elevate the status and security of healthcare workers. I am the candidate that can do this. I know what it is like to be in the trenches, and I will use my experience, to express your sentiments. I will work hard to advocate for the advancement of our professions. Please trust me with your vote, I will give you my best!